

NatureConnect Excursion's 2011 Inherent Naturalist Program & Extended Excursion

Begins March, 2011 for 8 women
The 10-day Odyssey is May 14-24nd
Cost: Travel, food and lodging expense is \$750

Guide Fees: Your individual contribution to guides is paid at completion and is based upon your financial capacity, the value you received and your commitment to the continuation of this work.



The **Inherent Naturalist Program** originated as a result of Scout's intentions, preparations and the excursions between 1998 and 2010 of NatureConnect's occasional and quarterly trips. Its genesis arose through Scout contemplating, clarifying and distinguishing the many learnings and lessons over the years. The **Extended Excursion** is a natural culmination of the depth and breadth of Scout's experience in the territories traveled as well as the shaping elements of the seasons themselves. In combination, this odyssey of deep exploration and discovery leads each participant profoundly and firmly to 'home' as an **Inherent Naturalist**.

All of us have the genetic coding needed to relate and connect to Earth as one who recognizes the sacred and fundamental nature of all of life's organisms. In the process of activating this authentic and affirming relationship, one reconnects to hidden and dormant natural gifts. Living life becomes an occasion for joy, creativity and generous contribution. Problems and concerns become the tools for transformation and accomplishment.

We begin with an application, an interview and a co-designed plan. You will explore several questions and engage in four 'Awakening!' calls or meetings prior to the 10-day odyssey in the Pacific NW Bioregion. In May, we will begin the Extended Excursion at the Pacific Ocean, travel up the Columbia River, through the forests into the Cascade Mountains and on to the central high desert of ancient lands and seas. We will return by following other rivers back through the lands and return to the ocean where we will end our odyssey. We will overnight at camps along the way, outdoors as weather allows, indoors when it doesn't.

Some of what it includes

Gathering in silence, solo and together times with other initiates for study, writing, contemplation, ceremony, listening, developing and trusting your intuition, learning, reading, sitting in circle, strengthening exercises, bare-footing, grounding, play, harvesting, preparing and sharing meals with others. Among the outcomes you may expect are 1) new ways of being: clear, unbridled, empowered, renewed, strengthened and re-freshed; 2) what you commit to having as a function of your engagement; 3) whatever else awakening into the mystery provides.

Some of what you may risk



Transforming a rather small self who has been stuck with inherited and learned patterns and ideas, beliefs, disappointments, confusions, misunderstandings, and unmet expectations and coming to know, accept and embrace your immense authenticity, your desire, passion, depth, clarity and character. (Photo credit: NCollie, Snake Love)

What it is not

This is not a retreat, a hardship or drudgery, a vacation, religious, posh or spa-like, an intentional community, expensive or free.

What it is

This is educational, enlightening, transformative, sustainable, personal and transpersonal, an active commitment, unconventional, collaborative, and a leading edge opportunity.

Preparation Preview



- The Current Territory: your story, your genealogy, your education, your personal work—everything that has brought you to now (the now from where you wish to launch what comes next in your life, discontinuous from what has been.)
- Disruptions: events, circumstances that at the time welcome or unwelcome, were essential to the unfolding of your life so far.
- Question One: What are you currently exploring or drawn to explore? Examine such areas as career work (vocation), heart work (avocation), lifestyle, legacy, spiritual life, womanhood, ‘left-over’s’ still incomplete.
- Question Two: With regards to your life: what life story are you telling yourself or others? What is the compelling evidence? How are your actions, behaviors, language, unexamined assumptions, beliefs and practices keeping your life story alive?
- Question Three: Have you experienced a distinct ‘call’ in your life? If so, tell the history of your experience with it, from the beginning. Are you currently in dialogue with the source of that communication?

Guides

👉 Judy Todd, Founder and Scout for NatureConnect Excursions since 1998 has used her 5+ senses in the study of each landscape and season she has had the good fortune to witness. In doing so, she has gained an uncommon kind of knowledge of herself and her relationship to the planet and the cosmos: the inevitability of being uniquely unrepeatable, yet of no critical significance to the unending evolution of life. This brings liberation, sufficiency and joy to her life. She affirms the sacred quality of all life, and the value of being as present as one can to its endless and beautiful unfolding. She is honored to share this with you in support of your own discoveries. As she has determined for herself:



“The difference you make in someone else’s life will always be smaller than the difference it will make in your own. Dang, you gotta love your power.” The Universe

👉 Co-guidance application in process!